

Individual Protection Measures Home and Abroad

Whether you are at home or traveling abroad, following these useful tips will help protect you!

Basic Reminders

- Safeguard your badge as you would your wallet or purse; do not store it in your vehicle; leave it at home in a safe place when you travel
- Safeguard your vehicle pass as you would your badge
- Keep a low profile and protect your identity
- Report Unofficial Foreign Travel in advance
- Report any suspicious activity
- Provide your office with a copy of your itinerary
- Obtain required Security briefings prior to departure

Air Terminals

- Pass through security checkpoints quickly; proceed to an open area or lounge away from baggage check/lockers; if possible, sit with back against a wall
- Use concealed bag tags
- Spend as little time as possible in airports
- Do not leave your belongings unattended
- Report unattended luggage to airport security personnel
- Remain alert; be aware of your surroundings

Hotels

- Choose an inside room whenever possible and avoid taking a street level room
- Sleep away from street side windows
- Leave lights or radio on when room is vacant; pull curtains
- Do not use your name when answering the telephone
- Vary entry/exit points
- Keep possession of room key at all times
- Do not accept deliveries to your room unless previously arranged
- Do not give your room number to strangers
- Prepare an escape plan in case of emergency
- Do not use in-room hotel safes

Automobiles

- Alternate parking spaces
- · Lock car when unattended
- Look for tampering; check under your vehicle; be alert when opening door
- Keep gas tank at least half full
- Alter routes and avoid choke points whenever possible
- Observe mopeds/cycles
- Do not pick up hitchhikers
- Drive with windows up and doors locked
- Keep valuables in the trunk or take them with you

At All Times

- Vary eating establishments
- Alternate shopping locations
- Avoid crowded areas
- Remain alert when exiting bars, restaurants, etc.
- Vary departure times and routes to routine places; avoid establishing any sort of pattern
- Learn how to use the local phone system and carry "telephone change" or phone card
- Obtain emergency phone numbers for police, ambulance, and hospital
- Locate the U.S. embassy and other safe locations where you can find refuge or assistance

Bomb Incidents

 Be suspicious of unusual objects found around the house, office, or auto

Check mail and packages for

- Unusual odors
- Too much wrapping
- Bulges, bumps, or odd shapes
- No return or unfamiliar return address
- Incorrect spelling or poor typing
- Items sent "registered" or marked "personal"
- Protruding wires or strings
- Isolate suspect letters or packages and contact appropriate authorities
- Clear the area immediately

*Always be alert

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